

WELL-BEING WORKSHOP



Presented by: OAC Well-Being Workers



October 28, 2024



4PM – 5 PM



Ottawa Aboriginal Coalition Career Fair

200 Coventry Road, Ottawa ON

The Ottawa Aboriginal Coalition has developed a program focused on advocating for Indigenous wellness by fostering strong, trusting relationships and promoting holistic well-being within the urban Indigenous community.

Join the OAC Indigenous Well-Being Workers for a workshop that explores various aspects of wellness and provides tools to enhance your well-being. Participants will receive paint kits as part of the workshop.



Scan the QR Code to Register for the Workshop:
OAC WELL-BEING WORKSHOP